Register of Support services

Crisis help lines: Emergency Services

Protection and Safety

In a life threatening emergency:

Dial 000 and ask for the ambulance, fire or police service. You can call this number 24 hours a day, 7 days a week.

Additional contacts:

**Police Assistance** - 131 444
Non emergency calls for police attendance.

**Crime Stoppers** - 1800 333 000
Provide information about criminals, their activities and 'target crimes' that are featured in the media.

**National Security Hotline** - 1800 123 400
Receive information or report activities relating to national security.

**SES emergency contact** - 132 500

**Fire bans and restrictions (CFS)** - 1300 362 361

**Victim Support Service** - 8231 5626 country callers: 1800 182 368
Counseling and information for people who have been a victim of crime. 9AM–5PM Monday–Friday.

**Yarrow Place Rape and Sexual Assault Service** - 8226 8787 country callers: 1800 817 421
Emergency medical and counseling services for people who have been raped or sexually assaulted. Yarrow Place can help you report assault to the police, but you do not have to involve the police.

**Victims of Crime Support Line**
24 hour information, support and referrals – 1800 182 368
Alcohol and Drugs

**Al-Anon and Alateen** - 8231 2959
Support for people affected by the alcohol problems of relatives or friends.

**Alcoholics Anonymous** - 8346 3255
Counseling and support if you have an alcohol problem.

**Alcohol and Drug Information Service** - 1300 13 1340
Counseling service for people with drug and alcohol problems and their family and friends.

**Nar-Anon** - 8272 8228
Support for people affected by the drug problems of relatives or friends.

**Narcotics Anonymous** - 8231 4233
Support group for people with drug problems.

**Poisons Information Centre** - 13 11 26
Emergency medical advice on what to do if someone has swallowed or been exposed to a poison, whether by accident or intentionally.

**Alcoholics Anonymous Australia**
Advice, counseling and support is freely available to people who have drug, alcohol or gambling addictions
**Phone:** 8346 4004

**Gamblers Anonymous**
Advice, counseling and support is freely available to people who have drug, alcohol or gambling addictions
**Phone:** 8212 6933

Legal Services Commission

Every person in South Australia is entitled to use the law to protect his or her rights and interests

Equal Opportunity
It is illegal to disadvantage anyone on the basis of race, religion, age, gender, marital status, sexual preference or any disability
Youth

Child Abuse reporting - Child Abuse Report Line 13 14 78
Reporting of suspected child abuse.

Youth Call - 8277 4400
counseling service for people with drug and alcohol problems and their family and friends.

Crisis Counseling

Birth line - 8363 1444
Counseling for women and girls distressed by an unplanned pregnancy, their partners or families.

Pregnancy Advisory Centre - 8347 4955 or 1800 672 966 toll free for country callers
An unplanned pregnancy can be a distressing and confusing experience. The Centre is here to support you.

Crisis Care Unit - 13 16 11
Counseling and practical help for individuals and families in any type of crisis. Available 4PM–9AM Monday to Friday and 24 hours on Saturday, Sunday and public holidays.

Lifeline - 13 11 14
counseling for people with any type of crisis.

Living Hope - 8277 4033
counseling for people with any type of crisis. Interpreters can be arranged.

Mental Health Emergency Crisis
Phone: 13 14 65

Poisons Information Centre
Phone: 13 11 26
Work Permission
You cannot work until you have commenced your course in Australia. Once your course has commenced you are permitted to work a maximum of 40 hours per fortnight when your course is in session, and unlimited hours when your course is not in session. For more information call 131 881.

Renewing Your Visa
You are responsible for renewing your visa prior to its expiry; see Department of Immigration and Border Protection website www.immi.gov.au for information or call 131 881.

Department of Immigration
Phone: 131 880 (calls inside Australia only)
Address: Level 3, 55 Currie Street Adelaide SA

Families

Domestic Violence Helpline - 1800 800 098

Gambling Helpline - 1800 060 757
Counseling, information and referral for people who are concerned about their own, or another person’s gambling.

Abuse reporting - Child Abuse Report Line 13 14 78
Reporting of suspected child abuse.

Multicultural Services

Migrant Women’s Support and Accommodation Service - 8346 9417 / after hours, call Crisis Care on 13 16 11
Support and emergency accommodation for migrant women and children who are victims of domestic violence. Service available 8.30AM–5.30PM Monday–Friday.

TIS — Translating and Interpreting Service - 13 1450
24 hour interpreting service.

Interpreting Service: Phone: (08) 8226 1990
Fire

SA Metropolitan Fire Service
Website: http://www.samfs.sa.gov.au
Phone: 8204 3600

Ambulance

Dial 000 for emergency and ask for the ambulance
St John’s SA
Website: http://www.stjohnssa.org.au
Phone: 8306 6999

Ambulance Services

Provided state-wide by the SA Ambulance Service, including air ambulance. There is a substantial fee associated with ambulance transportation and it is recommended that you take out ambulance insurance
Website: http://www.saambulance.com.au

Australia Post

For pricing details, Australian postcodes and the location of your nearest Australia Post office
Website: http://www.auspost.com.au

Supermarket

Coles Supermarket
A huge range of groceries and fresh produce
Website: http://www.coles.com.au
Address: 21-39 Grote Street Adelaide SA

Woolworths
For all your needs huge range of fresh produce,
Website: www.woolworths.com.au
Address: Rundle mall Adelaide
Doctors

Yellow Pages lists doctors under 'Medical Practitioners'
Website: http://www.yellowpages.com.au

Hospitals

Queen Elizabeth Hospital
Website: http://www.nwahs.sa.gov.au/nursing

Royal Adelaide Hospital
Website: http://www.rah.sa.gov.au
Address: Level 4, 55 Currie Street Adelaide

Flinders Medical Centre
Website: http://www.flinders.sa.gov.au

Hospitals
General hospital services are available through a network of public, private, community, religious and other hospitals
Website: http://www.health.sa.gov.au

Job Searching sites

Seek
Online employment websites are also hugely popular in Australia
Website: http://www.seek.com

Career one
Online employment websites are also hugely popular in Australia
Website: http://www.careerone.com.au

Ethical Jobs

Job-search site that promotes "work for a better world" – connecting people looking for an ethical job or career with employers from the not-for-profit, business & government sectors who see their organisations as contributing to a more equitable, more just or more sustainable world.
Website: http://www.ethicaljobs.com.au
Library

State Library of SA
The internet access is free, the couches are comfy and the staff is friendly
Website: http://www.slsa.sa.gov.au
Phone: 8207 7334
Address: North Tce, Adelaide. SA

Driving License

Transport SA Registration & Licensing
Website: http://www.transport.sa.gov.au
Address: Ground Floor, EDS Centre 108 North Terrace Adelaide SA

Phone Service providers

Optus
Website: http://www.optus.com.au
Phone: 133 937

Telstra
Website: http://www.telstra.com.au
Phone: 13 22 00

Vodafone
Website: http://www.vodafone.com.au
Phone: 1300 650 410
Transport

Adelaide Connector
The Adelaide City Council also has a free bus service linking north and south Adelaide called the Adelaide Connector. It runs seven days a week (except public holidays) and generally during shopping hours
Website: http://www.adelaidecitycouncil.com.

Public transport
Adelaide’s public transport system includes buses, trains and the Glenelg tram … and it will get you to the far reaches of the city
Website: http://www.adelaidemetro.com.au
Phone: 8210 1000
Address: 79 King William Street Adelaide SA

Taxis

Adelaide Independent Taxis
To get a taxi, phone for a driver to collect you or look for taxi ranks located around the city
Phone: 13 22 11

Suburban Taxis
Phone: 131 008

Yellow Cabs
Phone: 13 2227

Banks

Adelaide Bank
Website: http://www.adelaidebank.com.au
Phone: 13 22 20

ANZ
Website: http://www.anz.com
Phone: 13 33 33

BankSA
Website: http://www.banksa.com.au
Phone: 131 376
Commonwealth Bank
Website: http://www.commbank.com.au
Phone: 13 22 21

NAB
Website: http://www.nab.com.au
Phone: 13 22 65

Savings & Loans Credit Union
Website: http://www.savingsloans.com.au
Phone: 13 11 82

Westpac
Website: http://www.westpac.com.au
Phone: 13 20 32

Accommodation

Colliers International Student Services
Student accommodation
Website: www.colliers.com.au/Residential/Other_Services/Student_Services
Phone Adelaide+61 8 8305 8888

Student Living Australia
Student accommodation
Website: http://www.studentliving.com.au

UniLodge @ Metro Adelaide
Furnished student accommodation and apartments in Adelaide
Website: http://www.unilodge.com.au

UniSHARE
Share houses at three locations, serving Mawson Lakes and North Terrace campuses
Website: http://www.unishare.com.au

UniLodge @ Metro Adelaide
Furnished student accommodation and apartments in Adelaide
Website: http://www.unilodge.com.au

Back packers
Backpacker accommodation is often used initially by students
Website: http://www.backpacking-southaustralia.com.au
Cannon Street Backpackers
Low-cost, easy access internet in a laid-back, backpacker-filled environment
Website: http://www.cannonst.com.au
Phone: 8410 1218
Address: 110 Franklin St Adelaide. SA

Backpackers
Backpacker accommodation is often used initially by students
Website: http://www.backpacking-southaustralia.com.au

Access and Equity

Airport Pickup. Home stay and Accommodation:
Salford College will provide airport pickup, home stay and accommodation services to students when they arrive in Australia. A nominal fee will be charged to students for use of these services.
The fees for the service:
Home stay arrangement fee: AUD$ 200, (weekly fee between AUD$200 to AUD$300)
Accommodation Booking fee: AUD$200
Airport pickup: AUD$120

Overseas Student Health Cover (OSHC) Arrangement
Salford College can arrange OSHC for the student. It is a requirement of DEEWR that the student visa holders must have Overseas Student Health Cover. The OSHC current premiums** from Medibank (Australian’s largest private health insurer) is as following:

<table>
<thead>
<tr>
<th></th>
<th>Single</th>
<th>Family</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 months</td>
<td>AUD$124.50</td>
<td>AUD$438.00</td>
</tr>
<tr>
<td>6 months</td>
<td>AUD$249.00</td>
<td>AUD$876.00</td>
</tr>
<tr>
<td>12 months</td>
<td>AUD$498.00</td>
<td>AUD$1752.00</td>
</tr>
</tbody>
</table>

**Please note that these prices are current at the time of printing however students are responsible for checking current prices themselves.

Note:
Salford College does not charge for any referrals or recommendations from the students or any outside agency.

Some of the useful web links for your reference:
www.studyinaustralia.gov.au
www.immi.gov.au
www.tps.gov.au